

October 18, 2011

Quarter 2, Week 1

CPSC Weekly Update

...words of wisdom from John and important dates to remember

From the Director....

Dear CPSC Families,

Two and a half years ago, our school adopted the Peaceful School's program. At that time our teachers were looking for a comprehensive conflict resolution, anti-bullying curriculum. One appealing quality of the Peaceful Schools program is its requirement that each school organically create a unique program to fit its needs. Our Peaceful Schools Program is much more than an anti-bullying curriculum; it focuses on the broader issue of our students' character or moral development. Fundamentally, the question we are answering is: What are the critical social/emotional skills being developed within our students? At CPSC we have focused on four areas: 1) Conflict Resolution and Problem Solving, 2) School-wide and Classroom Community Building, 3) Physical well-being and fitness for life, and 4) All School Recess.

During the first year of the program, we developed our own Milestones assessment that monitors the social and emotional progress of all of our students. In the second year, we created a PE program that educates the whole child through Aikido, Yoga, Cooperative games and Modern Dance. This year, we look forward to determining the specific character ideals we want each student to develop while at CPSC. To get us started, the staff has committed a significant portion of our professional development over the next two years to clarifying the foundational elements of character development at CPSC. This process will include workshops for teachers, students and families.

One way to get your entire family involved in the Peaceful Schools Program is attending this weekend's Peaceful Schools sponsored **Back Off Bully Be Bold Concert**. This Sunday from 1-5 PM at Koka Booth Amphitheater, teenage singer Gabbie Rae and other local performers, along with several CPSC 5th grade Aikido students will perform as part of an afternoon of entertainment and awareness to non-violently take a stand against bullying. For more information, look at <http://ncpsychoanalysis.org/beboldconcert.htm>. Gabbie Rae will be touring the school on Friday and performing at FAM. This weekend's event is being coordinated by the NC Psychoanalytic Foundation, a major sponsor of CPSC's Peaceful School's program.

We also hope to see you at our Literary Festival at the Regulator this weekend! *John*

IMPORTANT DATES TO REMEMBER:

TH-FRI-SAT, Oct. 20-21-22	LITERARY FESTIVAL , Regulator Book Shop, 10am – 4pm
Sun., Oct. 23	Benefit Concert and Family Fun Day at Koka Booth, 1-5pm
Tue., Oct. 25	Middle School Information Night , 6:45-7:45pm
Wed., Nov 2	Early Dismissal (ASP begins at 1:30pm)
Fri, Nov. 11	Veteran's Day Holiday- No School