

# CPSC August Lunch Menu

Please check off the order form if we need to make changes for no meat, no cheese, or no nuts.

**\*\*NOTE: Checks made payable to SUMAN BHATIA**

Weeks of August 2, 9, 16  
Lunches must be pre-paid (\$4 per lunch) and ordered  
by **FRIDAY, JULY 30!!**

*\*\*Please note: late lunch orders will not be accepted—really.*

Mon., Aug. 2	Tue., Aug. 3	Wed., Aug. 4	Thur., Aug. 5	Fri., Aug. 6
Basmati Rice with Vegetables	Refried beans, sour cream, tortilla chips	Pasta salad	Pizza (Home-made) Vegetable or Pepperoni	Chicken Salad Sandwich
Fresh Fruit	Trail Mix	Yogurt (home-made) with fruit and honey	Fresh fruit	Pudding
Cranberry juice	Milk or water	Cranberry juice	Milk or water	Cranberry juice
Mon., Aug. 9	Tue., Aug. 10	Wed., Aug. 11	Thur., Aug. 12	Fri., Aug. 13
Sub Sandwich with ham, turkey, cheese	Lo Mein (noodles with chicken and vegetables)	Spinach Spanikopitas	Pizza (Home-made) Vegetable or Pepperoni	Hummus with pita
Fresh fruit	Trail Mix	Yogurt w/ fruit & honey	Fresh Fruit	Pudding
Milk/Water	Grape juice	Milk or water	Milk or water	Orange Juice
Mon., Aug. 16	Tue., Aug. 17	Wed., Aug. 18	Thur., Aug. 19	Fri., Aug. 20
BBQ Chicken and corn bread	Tuna Sandwich	Black Beans & Mexican Rice	Pizza (Home-made) Vegetable or Pepperoni	Broccoli and cheese Quiche
Fresh Fruit	Trail mix	Yogurt w/ fruit & honey	Fresh Fruit	Pudding
Milk or water	Milk or water	Orange juice	Milk or water	Orange Juice

Trail Mix: this contains raisins, almonds, cashews and 3 M&Ms per serving
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**PLEASE USE OTHER SIDE TO ORDER LUNCHES!**

**We may not accept late pre-orders for lunch this year.**

*If your child forgets their lunch, their teacher will call you so that you can bring them one.*

Please place a check below to indicate which day(s) you will need lunch.

<u>WEEK 1:</u>	<u>WEEK 2:</u>	<u>WEEK 3:</u>
___ Mon, Aug. 2	___ Mon. Aug.9 ___no meat ___no cheese	___ Mon. Aug. 16 ___no chicken
___ Tue. Aug. 3 ___no nuts	___ Tue. Aug. 10 ___no nuts ___no chicken	___ Tue. Aug. 17 ___no tuna
___ Wed, Aug. 4	___ Wed. Aug. 11	___ Wed. Aug. 18
___ Thur. Aug. 5(choose one below) ___veggie ___pepperoni	___ Thur. Aug. 12 (choose one below) ___veggie ___pepperoni	___ Thur. Aug. 19 ___veggie ___pepperoni
___ Fri. Aug. 6 ___no chicken	___ Fri. Aug. 13	___ Fri. Aug. 20 ___no cheese

Student Name \_\_\_\_\_ Teacher \_\_\_\_\_

Total # of lunches \_\_\_\_\_ Total amount enclosed \$ \_\_\_\_\_  
(cash or **check to Suman Bhatia**)

**LUNCH ORDERS ARE DUE BY JULY 30th**

-----**CUT HERE and KEEP BOTTOM PORTION**-----

You may keep this portion to remind you of the days you purchased lunch for your child. Just put an X on the days you ordered lunches and stick this on your refrigerator!

	MON	TUE	WED	THUR	FRI
Week of Aug. 2:	_____	_____	_____	_____	_____
Week of Aug. 9:	_____	_____	_____	_____	_____
Week of Aug. 16:	_____	_____	_____	_____	_____
Week of Aug. 23:	_____	_____	_____	_____	_____